

**Grilles de qualification pour les meetings régionaux du Lyonnais**

**Dames :**

	<b>Juniors / Séniors 1997 et avant</b>	<b>Cadettes 2 1998</b>	<b>Cadettes 1 1999</b>	<b>Minimes 2 2000</b>	<b>Minimes 1 2001</b>
50 m Nage libre	32,06	32,61	33,14	33,89	34,63
100 m Nage libre	1,09,36	1,10,35	1,11,36	1,12,66	1,14,14
200 m Nage libre	2,31,34	2,32,90	2,34,18	2,36,42	2,39,13
400 m Nage libre	5,15,39	5,19,93	5,23,34	5,27,82	5,29,70
800 m Nage libre	10,48,27	10,59,28	11,09,97	11,20,45	11,30,87
1500 m Nage libre	20,40,89	20,58,66	21,12,15	21,18,86	21,49,50
50 m Dos	36,94	37,58	38,19	38,99	39,83
100 m Dos	1,18,51	1,19,85	1,21,19	1,22,56	1,23,37
200 m Dos	2,47,28	2,49,70	2,52,10	2,54,90	2,58,63
50 m Brasse	40,50	41,28	41,56	42,61	43,98
100 m Brasse	1,27,64	1,29,14	1,30,44	1,32,00	1,32,87
200 m Brasse	3,09,36	3,12,21	3,15,17	3,18,40	3,22,17
50 m Papillon	34,21	34,78	35,46	36,70	38,08
100 m Papillon	1,15,96	1,17,06	1,18,19	1,19,94	1,21,86
200 m Papillon	2,46,70	2,49,44	2,52,30	2,55,35	2,59,36
200 m 4 Nages	2,50,56	2,53,59	2,55,07	2,58,88	3,03,97
400 m 4 Nages	6,02,78	6,07,31	6,11,73	6,16,27	6,21,10

**Messieurs :**

	<b>Juniors / Séniors 1997 et avant</b>	<b>Cadets 2 1998</b>	<b>Cadets 1 1999</b>	<b>Minimes 2 2000</b>	<b>Minimes 1 2001</b>
50 m Nage libre	28,08	28,85	29,33	30,18	30,99
100 m Nage libre	1.01,57	1.02,72	1,04,34	1,05,92	1,07,97
200 m Nage libre	2.15,64	2.18,12	2.19,53	2,22,82	2,27,80
400 m Nage libre	4,49,12	4,54,48	4,59,78	5,04,63	5,09,70
800 m Nage libre	10,03,92	10,14,03	10,24,52	10,44,57	11,09,93
1500 m Nage libre	19,00,49	19,19,98	19,39,93	20,00,62	20,26,23
50 m Dos	32,86	33,82	34,64	35,60	36,42
100 m Dos	1,10,09	1,11,77	1,12,27	1,15,24	1,17,55
200 m Dos	2,31,49	2,35,60	2,39,67	2,43,89	2,48,29
50 m Brasse	35,22	36,12	37,08	38,31	39,55
100 m Brasse	1,17,27	1,18,92	1,20,66	1,22,61	1,23,66
200 m Brasse	2,47,57	2,50,18	2,53,79	2,57,43	3,01,90
50 m Papillon	30,23	31,46	32,33	33,27	34,10
100 m Papillon	1,07,23	1,08,96	1,10,87	1,12,78	1,14,73
200 m Papillon	2,30,23	2,33,91	2,37,97	2,41,43	2,45,55
200 m 4 Nages	2,32,64	2,35,42	2,38,97	2,43,99	2,49,07
400 m 4 Nages	5,25,73	5,29,32	5,37,00	5,46,14	5,57,56

**Grille de qualification aux championnats régionaux d'hiver en bassin de 25m :**

**Dames :**

	Juniors / Séniors 1997 et avant	Cadettes 2 1998	Cadettes 1 1999	Minimes 2 2000	Minimes 1 2001
50 m Nage libre	31,71	32,14	32,63	33,24	33,91
100 m Nage libre	1,08,89	1,09,98	1,10,77	1,11,92	1,12,50
200 m Nage libre	2,31,34	2,32,90	2,34,18	2,36,42	2,39,13
400 m Nage libre	5,15,39	5,19,93	5,23,34	5,27,82	5,29,70
800 m Nage libre	10,48,27	10,59,28	11,09,97	11,20,45	11,30,87
1500 m Nage libre	20,40,89	20,58,66	21,12,15	21,18,86	21,49,50
50 m Dos	36,54	37,01	37,65	38,05	38,43
100 m Dos	1,18,22	1,19,49	1,20,59	1,21,68	1,22,11
200 m Dos	2,47,28	2,49,70	2,52,10	2,54,90	2,58,63
50 m Brasse	40,24	40,84	41,21	41,99	42,55
100 m Brasse	1,27,54	1,29,14	1,29,77	1,31,55	1,32,41
200 m Brasse	3,09,36	3,12,21	3,15,17	3,18,40	3,22,17
50 m Papillon	33,98	34,56	34,95	35,56	36,34
100 m Papillon	1,15,96	1,17,06	1,18,19	1,19,94	1,21,86
200 m Papillon	2,46,70	2,49,44	2,52,30	2,55,35	2,59,36
200 m 4 Nages	2,50,56	2,53,59	2,55,07	2,58,88	3,03,97
400 m 4 Nages	6,02,78	6,07,31	6,11,73	6,16,27	6,21,10

**Messieurs :**

	Juniors / Séniors 1997 et avant	Cadets 2 1998	Cadets 1 1999	Minimes 2 2000	Minimes 1 2001
50 m Nage libre	27,87	28,31	28,77	29,70	30,87
100 m Nage libre	1,01,35	1,02,02	1,02,92	1,05,03	1,07,74
200 m Nage libre	2,15,64	2,18,12	2,19,53	2,22,82	2,27,80
400 m Nage libre	4,49,12	4,54,48	4,59,78	5,04,63	5,09,70
800 m Nage libre	10,03,92	10,14,03	10,24,52	10,44,57	11,09,93
1500 m Nage libre	19,00,49	19,19,98	19,39,93	20,00,62	20,26,23
50 m Dos	32,50	33,77	34,43	35,41	35,60
100 m Dos	1,09,31	1,10,62	1,11,88	1,14,42	1,16,93
200 m Dos	2,31,49	2,35,60	2,39,67	2,43,89	2,48,29
50 m Brasse	35,22	36,12	37,08	38,31	39,55
100 m Brasse	1,17,27	1,18,92	1,20,66	1,22,61	1,23,66
200 m Brasse	2,47,57	2,50,18	2,53,79	2,57,43	3,01,90
50 m Papillon	30,09	31,46	31,81	33,27	34,10
100 m Papillon	1,06,92	1,08,96	1,10,87	1,12,78	1,14,73
200 m Papillon	2,30,23	2,33,91	2,37,97	2,41,43	2,45,55
200 m 4 Nages	2,32,64	2,35,42	2,38,97	2,43,99	2,49,07
400 m 4 Nages	5,25,73	5,29,32	5,37,00	5,46,14	5,57,56

**Grille de qualification aux championnats régionaux Eté en bassin de 50m**

**Dames :**

	Juniors / Séniors 1997 et avant	Cadettes 2 1998	Cadettes 1 1999	Minimes 2 2000	Minimes 1 2001
50 m Nage libre	31,71	32,14	32,63	33,24	33,91
100 m Nage libre	1,08,89	1,09,98	1,10,77	1,11,92	1,12,50
200 m Nage libre	2,31,34	2,32,90	2,34,18	2,36,42	2,39,13
400 m Nage libre	5,15,39	5,19,93	5,23,34	5,27,82	5,29,70
800 m Nage libre	10,48,27	10,59,28	11,09,97	11,20,45	11,30,87
1500 m Nage libre	20,40,89	20,58,66	21,12,15	21,18,86	21,49,50
50 m Dos	36,54	37,01	37,65	38,05	38,43
100 m Dos	1,18,22	1,19,49	1,20,59	1,21,68	1,22,11
200 m Dos	2,47,28	2,49,70	2,52,10	2,54,90	2,58,63
50 m Brasse	40,24	40,84	41,21	41,99	42,55
100 m Brasse	1,27,54	1,29,14	1,29,77	1,31,55	1,32,41
200 m Brasse	3,09,36	3,12,21	3,15,17	3,18,40	3,22,17
50 m Papillon	33,98	34,56	34,95	35,56	36,34
100 m Papillon	1,15,96	1,17,06	1,18,19	1,19,94	1,21,86
200 m Papillon	2,46,70	2,49,44	2,52,30	2,55,35	2,59,36
200 m 4 Nages	2,50,56	2,53,59	2,55,07	2,58,88	3,03,97
400 m 4 Nages	6,02,78	6,07,31	6,11,73	6,16,27	6,21,10

**Messieurs :**

	Juniors / Séniors 1997 et avant	Cadets 2 1998	Cadets 1 1999	Minimes 2 2000	Minimes 1 2001
50 m Nage libre	27,87	28,31	28,77	29,70	30,87
100 m Nage libre	1,01,35	1,02,02	1,02,92	1,05,03	1,07,74
200 m Nage libre	2,15,64	2,18,12	2,19,53	2,22,82	2,27,80
400 m Nage libre	4,49,12	4,54,48	4,59,78	5,04,63	5,09,70
800 m Nage libre	10,03,92	10,14,03	10,24,52	10,44,57	11,09,93
1500 m Nage libre	19,00,49	19,19,98	19,39,93	20,00,62	20,26,23
50 m Dos	32,50	33,77	34,43	35,41	35,60
100 m Dos	1,09,31	1,10,62	1,11,88	1,14,42	1,16,93
200 m Dos	2,31,49	2,35,60	2,39,67	2,43,89	2,48,29
50 m Brasse	35,22	36,12	37,08	38,31	39,55
100 m Brasse	1,17,27	1,18,92	1,20,66	1,22,61	1,23,66
200 m Brasse	2,47,57	2,50,18	2,53,79	2,57,43	3,01,90
50 m Papillon	30,09	31,46	31,81	33,27	34,10
100 m Papillon	1,06,92	1,08,96	1,10,87	1,12,78	1,14,73
200 m Papillon	2,30,23	2,33,91	2,37,97	2,41,43	2,45,55
200 m 4 Nages	2,32,64	2,35,42	2,38,97	2,43,99	2,49,07
400 m 4 Nages	5,25,73	5,29,32	5,37,00	5,46,14	5,57,56

**Grilles de qualification à partir des championnats régionaux hiver  
en bassin de 25 m pour les championnats de Nationale 2  
2014/2015 en bassin de 25 m (ISTRES et VALENCE)**

<b>GRILLES DE QUALIFICATION DAMES pour N2 25 m Hiver</b>						
Année d'âge	Minimes 1	Minimes 2	Cadettes 1	Cadettes 2	Juniors 1,2 et 3	Seniors
50 NL	00:30.21	00:29.97	00:29.70	00:29.57	00:29.02	00:28.82
100 NL	01:06.20	01:05.21	1:05.02	01:04.44	01:03.80	01:02.50
200 NL	02:26.66	2:24.75	02:23.80	02:23.15	02:22.01	02:20.56
400 NL	05:02.63	04:57.09	04:55.38	04:53.82	04:52.36	04:49.50
800 NL	10:39.12	10:21.15	10:16.22	10:10.54	10:03.27	10:00.50
1500 NL	20:00.31	19:38.45	19:27.02	19:10.68	18:58.64	18:43.00
50 Dos	00:35.38	00:35.01	00:34.73	00:34.34	00:33.95	00:33.50
100 Dos	<b>01:15.13</b>	01:14.09	01:13.88	01:13.50	01:12.65	01:11.30
200 Dos	02:43.50	02:41.44	02:40.91	02:40.02	02:39.88	02:38.57
50 Bra.	00:40.15	00:39.45	00:38.88	00:38.25	00:37.97	00:37.50
100 Bra.	01:26.57	01:25.71	01:24.69	01:24.39	01:22.89	01:21.70
200 Bra.	03:10.04	03:06.65	03:04.50	03:03.00	02:59.99	02:58.15
50 Pap.	00:33.53	00:33.33	00:32.98	00:32.41	00:32.20	00:31.98
100 Pap.	01:15.68	01:15.08	01:14.78	01:13.21	01:12.12	01:11.03
200 Pap.	02:50.06	02:46.42	02:44.06	02:42.11	02:40.08	02:38.85
200 4 N.	02:43.41	02:41.14	02:39.07	02:37.30	02:35.64	02:34.18
400 4 N.	05:51.22	05:44.41	05:42.66	05:36.75	05:33.29	05:29.50

<b>GRILLES DE QUALIFICATION MESSIEURS N2 25 m Hiver</b>						
Année d'âge	Minimes 1	Minimes 2	Cadets 1	Cadets 2	Juniors 1, 2 et 3	Seniors
50 NL	00:29.04	00:27.78	00:26.82	00:26.28	00:25.92	00:25.10
100 NL	01:02.86	01:00.21	00:58.80	00:57.06	00:55.43	00:54.18
200 NL	02:20.05	02:12.58	02:09.09	02:06.25	02:02.31	02:00.16
400 NL	04:56.73	<b>04:42.48</b>	04:35.53	04:28.91	<b>04:19.34</b>	04:13.66
800 NL	10:18.73	09:57.84	09:43.76	09:33.21	09:17.02	09:02.54
1500 NL	19:33.01	18:45.00	18:35.91	18:23.76	17:19.94	17:00.09
50 Dos	00:34.21	00:33.44	00:32.49	00:31.86	00:30.29	00:29.80
100 Dos	01:12.40	01:09.77	01:07.06	01:06.63	<b>01:02.76</b>	01:01.62
200 Dos	02:36.81	<b>02:31.49</b>	02:24.79	02:23.31	02:18.72	02:15.18
50 Bra.	00:37.88	00:36.79	00:36.18	00:34.50	00:33.37	00:32.30
100 Bra.	01:21.23	01:18.50	01:17.46	01:14.04	01:11.67	01:09.66
200 Bra.	03:00.09	02:52.92	02:46.85	02:43.80	02:38.69	02:32.78
50 Pap.	00:32.04	00:30.87	00:29.94	00:29.07	<b>00:27.26</b>	00:26.80
100 Pap.	01:11.31	01:07.17	01:06.36	01:04.80	<b>01:00.84</b>	00:59.45
200 Pap.	02:38.27	02:33.25	2:27.00	02:25.61	2:15.50	02:14.76
200 4 N.	02:34.46	<b>02:31.34</b>	02:25.63	02:23.35	<b>02:18.36</b>	02:15.45
400 4 N.	05:42.38	05:33.82	05:17.56	05:10.91	<b>04:54.63</b>	04:48.26